

WATER STREET MINISTRIES

messenger
MAGAZINE

Winter 2011

The gravity of addiction

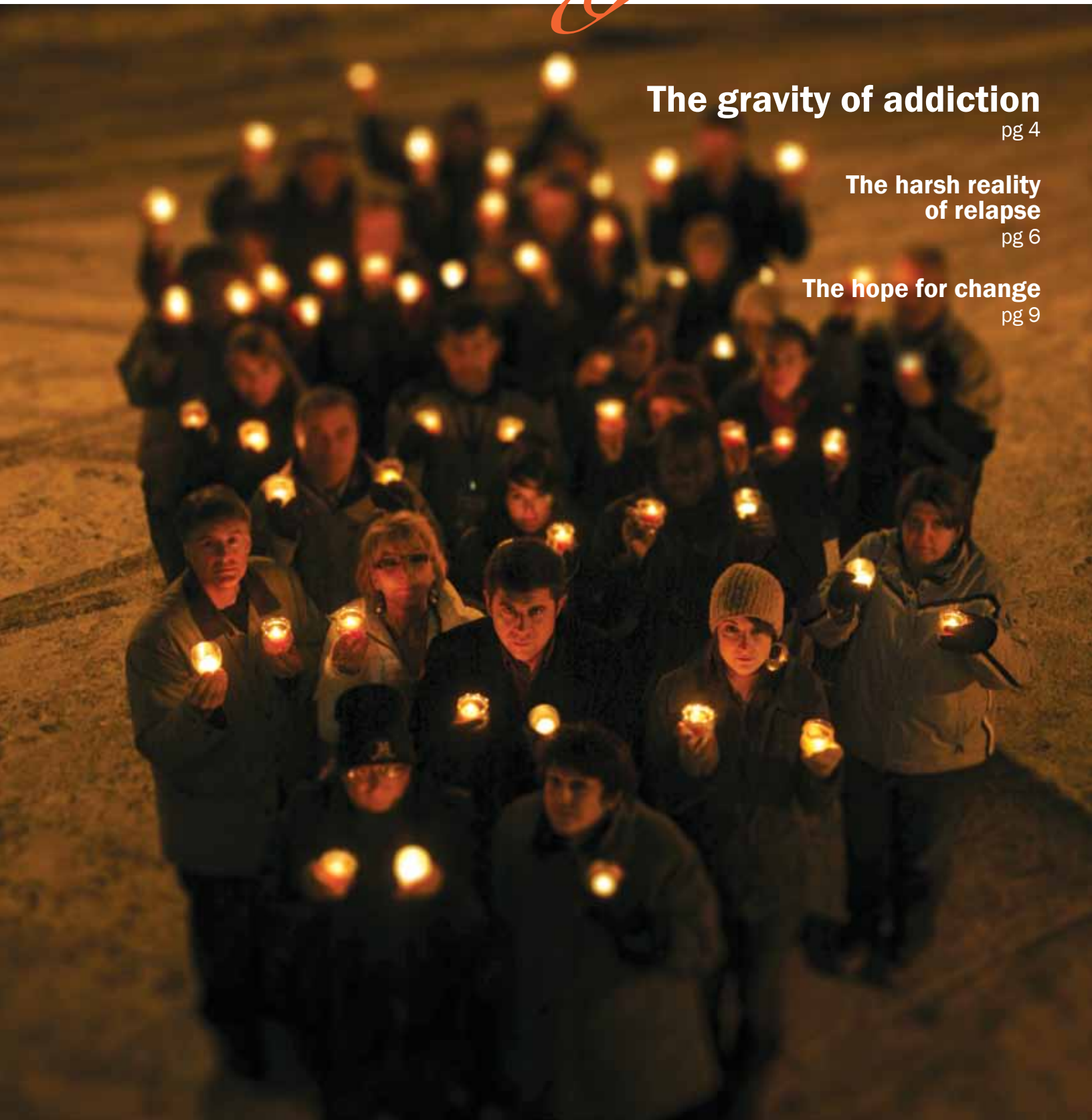
pg 4

**The harsh reality
of relapse**

pg 6

The hope for change

pg 9



Staff Leadership Team

Jere Shertzer
President/CEO of Water Street Ministries

Melissa Alcorn
Executive Director of Lydia Center

Steve Brubaker
Chief Vision Officer

Jack Crowley
Executive Director of Teen Haven
Executive Director of Wonder Club Early Learning Centers

Steve Gentino
Chief Financial Officer

Scouter Haase
Vice President of Operations of Water Street Ministries
Executive Director of Water Street Mission

Paul Pearce
Vice President of Advancement

Jane Keller
Director of Human Resources

Gale Thomason
Executive Director of Water Street Health Services

Water Street Ministries Board of Directors

David Thompson, *Chairperson*
Michael S. Burkholder, *Vice-chairperson*
Frank C. Chesters, Esq., *Treasurer*
Guy Eshelman, *Secretary*
Scott Boyd
Reyna Britton
Tom Despard
Charles R. Mershon, M.D.
Michael D. Novak
Anne Pierson
Marlin H. Thomas

Water Street Health Services Board of Directors

Charles R. Mershon, M.D., *Chairperson*
Len Brown, Esq. *Vice-Chairperson*
Anne-Marie Derrico, M.D., *Secretary*
Mike Fitzgerald, *Treasurer*
Reyna Britton
Robert Doe, M.D.
Lisa Hess
Benetta Rapier
Roger Strause, D.D.S.

Dear Water Street partners,

Just about anything can be an addiction: smoking, drugs, alcohol, sex, pornography, money, gambling, power, attention, caffeine, etc. Dr. Gerald May in his book *Addiction and Grace* defines an addiction as “a compulsive, habitual behavior that limits the freedom of human desire.” All addictions are unhealthy and limit our freedom, but addictions are not all equally destructive.



Many of the people served by Water Street Ministries have experienced the destructive nature of an addiction. Addictions destroy one’s ability to have healthy relationships, which in turn ruin marriages, parenting, employment, education, and friendships. Water Street staff sees the impact that addiction has in the lives of preschoolers, teenagers, and adults from all walks of life.

We believe that a person can find freedom from an addiction as well as find healing from its effects on relationships. We have repeatedly seen God redeem what was broken and restore what was taken. Often this journey of redemption is long and peppered with many painful stops and starts. But we do not lose heart, because we believe that healing is possible by the power of the Holy Spirit.

Those of us who have been called to work at Water Street Ministries—particularly our staff at the Water Street Mission and the Lydia Center—talk nearly daily with clients, family members or fellow staff about addiction. We use recovery terms like “hitting bottom”, “enabling,” “triggers”, “false beliefs”. Family members, friends, and recovering addicts are well acquainted with these terms. The language becomes part of the healing process and a way of life.

The articles in this Messenger are meant to educate, encourage and inspire you as you face the impact of addiction in your life, your family or your friends. If you need help dealing with an addiction or knowing how to come along side a friend, please don’t hesitate to contact me or one of the Water Street staff. We would be glad to serve you.

Thank you for all you do to contribute your time, finances and prayers to the support of Water Street Ministries. We couldn’t do what we do without your support. We invite you to continue to pray with us as we work to help people live free from the bondage of addiction, one life at a time.

By God’s grace,

Jere Shertzer
President & CEO

messenger c o n t e n t s



Message from the President	2
Dying to Be Free	4
Caught Between Egypt & the Promised Land	6
Preventing Teen Drug Use	7
Access to Health & Hope	10
Healing from Hurts, Hang-ups & Habits	11
Children's Prayers Reach God's Ears	12
Events	13
Give It Away to Keep It	14
Giving to Change Lives	15



VISIT OUR WEBSITE!
www.WaterStreetMinistries.org



Dying to be FREE

By Aaron Eggers, Director of Men's Ministries, Water Street Mission
and Daral Boles, Director of Women's Ministries, Water Street Mission



This candlelight memorial represented the 52 people who die every day in this country from addiction (alcohol and other drug) related complications.*

Though the face of addiction has changed remarkably in the last 50 years, the dismal statistics continue. Fifty-two people die every day in this country from addiction (alcohol and other drug) related complications*. Those 52 people are moms, dads, sons, daughters, brothers, or sisters to someone. At the Water Street Mission in our LifeRecovery Program alone, 23 men have died as a consequence of their substance abuse over the past five years. One young man, well-liked by this community and actively struggling to shake his addiction, died in our cafeteria bathroom with a needle in his arm.

While we at the Water Street Mission understand that biological vulnerability plays a part in addiction, we also know that addiction plays out in relationship. Addiction of any kind, be it to substances, partners, or behavior patterns, reflects and perpetuates the cycle of broken relationships.

We see the impact of addictive choices in every aspect of our clients' lives, in their relationships with self, others, and God. Water Street Ministries there-

fore addresses it on all fronts, in all ministry divisions:

- Addiction is a physiological problem (Water Street Health Services and the Water Street Mission).
- Addiction is a family problem (the Water Street Mission, Lydia Center, Teen Haven and Wonder Club Early Learning Centers).
- Addiction is a spiritual, relational problem (all of the

52 people die every day in this country from addiction.*

divisions of Water Street Ministries).

- Addiction is a community problem (Water Street Mission in collaboration with our many partner churches and agencies, including housing, drug & alcohol treatment programs, counseling centers, public assistance programs, and schools).

No one ever plans to become an addict. It doesn't happen overnight, but neither does the journey to recovery. Recognizing that recovery is a process that

may take time, we commit to a long-term relationship with our clients that may involve several stays at the Mission. We understand that relapse is part of recovery (for more on this concept, see page 6), and we rejoice over baby steps as much as big ones.

The residential programs at the Water Street Mission offer a purposeful mix of Christian guidance and evidence-based relapse prevention, while our Community Emergency Shelter enables us to engage with individuals who have not yet committed to change. We look to help our clients not only change destructive life habits but also maintain those changes with the support of churches, mentors, and the community. Above all, we practice new, healthy relationships, centered on Christ Jesus, who forgives us regardless of the nature of our addiction or sin.

All Christ-centered relationships grow and change over time, and our relationships with addicted clients are no different. For some of our clients, sobriety begins when they step onto this campus. Newly clean and sober, they know better than anyone the fragility of that early stage, and while they may sometimes resist it, many also recognize that structure and accountability are the keys to gaining traction in the battle.

A client at our women's emergency shelter, for example, recently talked of the "blessing" of nightly blood alcohol content monitoring. (All shelter residents are tested nightly for alcohol, and random drug tests are also performed in our programs.) There have been days, this client says, when the only thing keeping her out of the bars is the knowledge that she will be tested that night.

That baseline accountability is bolstered over time in group and individual counseling that addresses not only addictive behaviors but the issues that led into that substance abuse and the fallout it has produced. We know that the first months of recovery are times of remarkable and sometimes even miraculous neurological and spiritual healing, but also pain.

Those who persevere, however, reap the blessings of peace, stability, and a sound mind. And they in turn begin in the 12-step tradition to "give back" to our community, modeling to staff and residents alike a life of dependence on God and caring for others. Every Mission staff member could, if asked, recall the names and stories of specific individuals who have touched our lives in the course of their recovery. We know that we have been blessed by them, and we thank God for allowing us to witness and support their journey of healing.

*www.selectown.com/drug-addiction-statistics.php

Know someone in addiction?

Ways a non-professional can help

- **Remember that your involvement is important** to the person and to the God who loves us.
- **Pray** for the individual, and remind him/her to pray for you.
- **Know when to refer.** If you feel like you're in over your head, you probably are.
- **Be direct.** Chances are the individual wants to talk about the addiction but doesn't know how.
- **Be an active listener:**
 - Listen more than you speak.
 - Look the individual in the eye as you speak and listen.
 - Paraphrase and repeat statements, for example, "What I hear you saying is..."
- **Ask open-ended questions that require more than a yes or no response:**
 - How does the addiction make you feel?
 - What makes it ok for you?
- **Don't enable**
 - Set boundaries and stick to them; don't be afraid to show firm love.
 - Don't ignore behaviors; try to address them in the moment.
 - Don't own the individual's issues — remember that their urgency is not your emergency.
- **Listen for the cause.** Instead of focusing on the behavior itself, try to listen for the cause of the behavior.
- **Don't expect quick fixes.** Long-standing issues require long-term solutions.
- Remember to speak with other people who are helping in an individual's life.



Caught Between Egypt & the Promised Land

By Carrie Libonati, Learning Center Instructor, Lydia Center

The Danger Scale for Relapse Awareness,

adapted from the *Faster Scale from The Genesis Process* by Michael Dye and Patricia Fancher.

RECOVERY (Acceptance and Gratitude) No current secrets, actively resolving problems, able to identify fears and feelings, keeping commitments to meetings, church, people, goals, self. Open, honest, good eye contact, reaching out to others, growing in relationship with God and others. Value Accountability.



DENYING PRIORITIES (A change in what's important, how you spend your time and thoughts) Less time/energy for God, meetings, church. Disregard for support/accountability people, shallow conversations, isolating, shift in goals.

ANXIOUS (Running on Energy From Emotions; Living by Feelings) Worry. Living in Fear. Bitterness. Unresolved Anger. Replay old, negative thoughts.

DRY RELAPSE

NEVER STOP (Out-Running Depression) Over-scheduled. Workaholic. Can't relax. Unable to identify own feelings/needs. Repetitive, negative thinking.

GOING POSTAL (Running on Anger) Overreactions, constant resentment. Pushing others away, increased isolation, blaming.

ENERGY GONE (Out of Gas & Ready to Give Up) Depressed. Panic, confused, no hope, sleeping too much or too little.

RETURN TO USING (Reengaging Your Substance of Choice) Drinking. Drugging. Bingeing. Return to addiction.

WET RELAPSE

changes in her life, like the fact that she was living drug free after more than 25 years of addiction. Most importantly, she had learned that God genuinely loves her.

As Susan started to look for employment, we once again could see her looking back to her Egypt. The more she had to accept responsibility of any kind, the more her fear paralyzed her.

When her Lydia Center counselor met with her, Susan realized she was in a stage called dry relapse (see diagram). Susan shared, "I have a fear of making choices and taking responsibility, so I just don't make them. There are things I haven't given to God yet."

Addiction is not just about getting high. For Susan, drugs, alcohol and compulsive behaviors had helped

No one likes to hear about relapse in recovery, because we often equate it with failure. The harsh reality is that many times, relapse is part of recovery. This is hard for those of us working with women we've grown to love and care about. It's also very painful for family members to accept.

Recently God brought to my mind that many times people need to go back to their Egypt, their land of slavery, to realize just how bad it was. However, they do not go back the same; they take with them whatever changes God has done in their hearts. Because of these changes, they may not fall as hard or as far.

When Susan graduated from the Lydia Center last year, we were excited to celebrate the

her in the past to avoid uncomfortable feelings like guilt and shame. It was a way for her to feel "normal". We advised Susan to allow herself to feel the discomfort of things like responsibility instead of repeating her lifelong habit of avoiding it.

Unfortunately, Susan made a different choice. We were sad when she left the Lydia Center, especially because she was avoiding something that she had said was so important to her: restoring her relationship with her four children.

Change takes place one decision at a time, and it always involves risk. We know that God is not done with Susan yet. Pray with us that she will allow God to continue to heal her and to bring life change.

Purpose: To advance the kingdom of God by **reaching urban youth with the gospel, discipling them to maturity, and equipping them to be leaders in their communities**



TEEN HAVEN

Equipping urban youth through
Christian faith & guidance.

Preventing Teen Drug Use

By Jack Crowley, Executive Director, Teen Haven

Many teenagers use alcohol and drugs. If you have ears or eyes, this is not a shocking revelation to you. Seventy-five percent of teens in America have experimented with alcohol; almost 40 percent with marijuana (CDC, 2005).

What may be shocking to you is that many teens began using before they even reached their teen years. More than 25 percent used alcohol before age 13, and almost 10 percent of teens have tried marijuana before age 13 (CDC, 2005).

The biggest factors leading to early use of alcohol and drugs that Teen Haven has observed among youth in our communities include: peer pressure and unhealthy family influence, family problems and the “need for escape,” natural curiosity, the perception of “fun”, and the adolescent need to declare independence.

Ironically, while two of these contributing factors are related to negative family influence, the most commonly agreed upon preventative influence in teens’ lives is healthy family influence. Positive engagement of parents in the lives of their teens is consistently shown to lower the likelihood of drug and alcohol usage (including studies by The Mayo Clinic; Center on Addiction and Substance Abuse - CASA; Child and Adolescent Mental Health Journal; Teens Today; and Youth Specialties).

Joseph A. Califano, Jr., chairman and president of CASA, made this powerful statement: “Parental engagement in children’s lives is the key to ridding our nation of the scourge of substance abuse.”

But what about kids who don’t come from healthy families? What about teens whose homes create more stress and problems than those homes resolve? This is the reality faced by many of the teens who attend Teen Haven. At a recent girls retreat, **only three of the 51 girls attending had a male father figure in their home.**

In light of this, the family atmosphere provided by Teen Haven helps influence teens to make healthy choices in their lives. An environment built on love



PHOTO: Text messages that youth send to staff are evidence of the supportive role Teen Haven plays.


and trust is critical to helping teens know that they have somewhere to turn when faced with the temptations of drugs and alcohol.

Teen Haven helps influence teens to make healthy choices in their lives.

Can Teen Haven be as effective of a deterrent as a healthy, engaged family? It is hard to know for sure, but we see how Teen Haven plays this supportive role in the lives of many teens every day. Text messages to staff members that start with: “Hey Dad, I was wondering if I could talk to you about something...”, and phone calls to discuss struggles with pressure at home, school and among peers, remind us that we often play the role of surrogate parents to those teens who don’t have a confidant in their home.



“Restoration” themed artwork by a client in the LifeRecovery Program at the Water Street Mission. What was once barbed



You heard my
cry for mercy
when I called to
you for help.

- Psalms 31:22

The Hope for Change

While there may not be a quick fix for addiction, there is hope. We invite you to:

Pray. Our God is a God of second chances. Ask Him to change hearts and lives today.

Give. Just \$16 provides a safe, warm night of shelter at the Water Street Mission that may jump start someone's journey out of addiction. Send a donation using the enclosed envelope, or give online at WaterStreetMinistries.org/Donate

Volunteer. Mentors, tutors, nurses, drivers – we offer many volunteer positions that allow you to invest in a relationship with someone on the road to recovery. For a list of options, visit WaterStreetMinistries.org/Volunteer.

Connect. See page 5 for ideas on how to interact and relate with individuals living in addiction.

ed wire, a prison, turning into new life, a new creation.



Access to Health & Hope

By Gale Thomason, Executive Director, Water Street Health Services

Carol* sat in the chair in Exam Room One with her head hanging low and the drool running in a slow drip from her bottom lip. The friend who helped her get to Water Street Health Services described Carol as having been “overmedicated for the last few days.” After checking Carol’s prescriptions expecting a month’s supply remaining, the friend found nearly empty bottles.

sending her to the local hospital by ambulance. Without help, Carol may have choked to death on her own vomit or even stopped breathing!

Once the initial emergency was addressed, Carol needed to discover what pain she was trying to numb through drugs. For Carol, her addiction was an attempt to mask the effects of years of sexual abuse.



PHOTO: More people abuse prescription medications than cocaine, heroin, Ecstasy, and inhalants combined, according to the Department of Health and Human Services.

I got to see Carol last month, two years after her life-threatening overdose. She had a sparkle in her eyes, and she held her head high. Smiling, she was hand in hand with her dear 5-year-old daughter. She expressed how much Water Street Health Services meant to her as we supported her through the years.

The key, Carol says, is that even in her stupor and subsequent visits to Water Street Health Services for treatment for psychiatric

As I looked at Carol I silently prayed, “Dear Lord, What do you want me to do for this child of yours who has no idea how much you love her?”

Often drug addiction is mainly perceived to be an issue of street drugs. However, according to the Department of Health and Human Services, more people abuse prescription medications than cocaine, heroin, Ecstasy and inhalants combined. Carol is one of many legal prescription drug addicts.

In Carol’s dangerous situation, our role at Water Street Health Services was to ensure her safety until the effects of the pills wore off. This warranted

conditions, arthritis and GERD, she knew she was loved and not judged. For the first time, she began to understand how valuable she is to God and that He promises hope for her future.

In addition to access to health care, Carol is one of nearly 2,500 patients who find health and hope for a future at Water Street Health Services through the power of God’s restoration.

*Name has been changed to protect privacy.



WATER STREET MISSION

Rescue & renewal through
Christian faith & guidance.

Healing from Hurts, Hang-ups & Habits

This article is adapted from an interview between Emily Towers, Residential Administrative Assistant, and our staff facilitators of Celebrate Recovery.

One of the deadliest elements of addiction is isolation; it is easier to maintain an addiction when no one else sees it. On the other hand, relationships allow us to air the hurt that we ignore through the addiction.

In the Women's Transitional Program at the Water Street Mission, we use a twelve-step class called Celebrate Recovery to help clients who struggle with addiction. The course is also intended to be part of the after-care for women who have moved out of homelessness, by providing a place they can stay connected with current clients and staff.

The materials, provided through a grant from The Huston Foundation, are based on Biblical principles, like the Beatitudes, and focus on God's freeing power. We recognize Jesus Christ as the one who creates true heart change and heals us from hurts, hang-ups or habits.

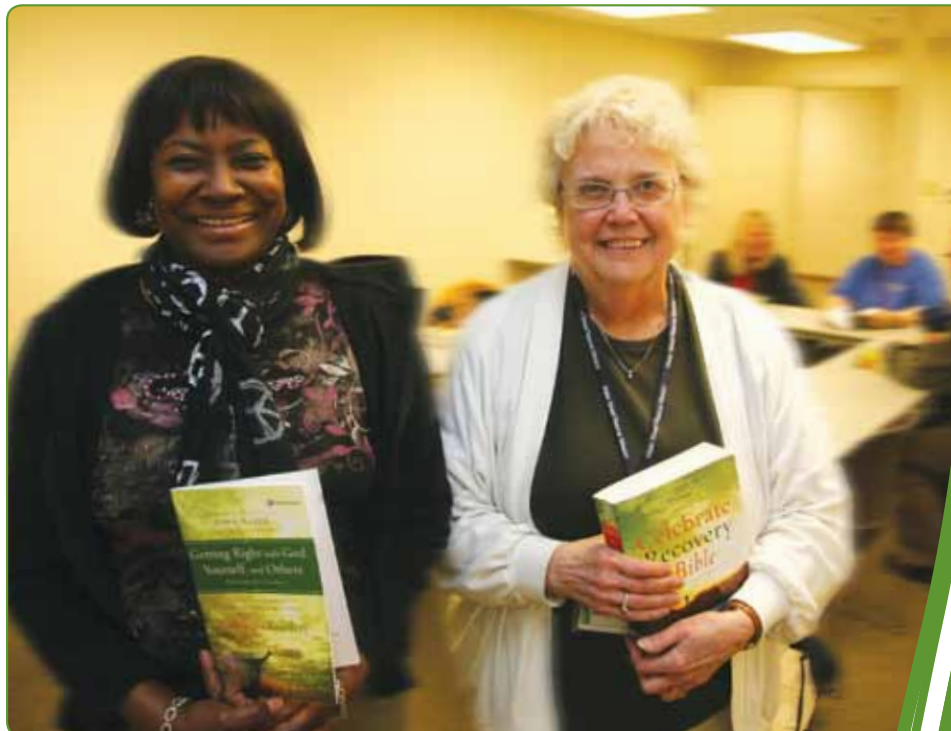


PHOTO: Staff members Mardester, Left, and Vicki facilitate Celebrate Recovery in the Mission's Women's Transitional Program.

For many of the women this is the first time they have shared their addictions with anyone.

As we are building relationships in the class with our clients through the bond of similar struggles, the clients are building relationships with each other. For many of the women this is the first time they have shared their addictions with anyone. Ultimately, it is our relationships with others and God which allow us to authentically share our hearts and heal our wounds.

In recovery, when someone stops practicing one addictive behavior, they sometimes replace it with another, be it eating, reading inappropriate materials or co-dependency. These are unhealthy ways of coping that we also address in the class.

As a result of what they're learning, we see ladies growing and developing in their walk with the Lord. One client shares, "I didn't see a need for [the class], because I wasn't addicted to drugs or alcohol. But I realized a month ago that I am addicted to pain medication. Knowing this, I saw the class in a whole new light.

"I saw that everything I read and discussed can be used for everyday life," she continued. "It helped me to discover who I was. I learned I wasn't alone. I was able to forgive myself as well as others. It also helped me understand God more clearly. With all this I am able to like myself. Because of this class, I am on the right path."



WONDER CLUB EARLY LEARNING CENTERS

Educating young children through
Christian faith & guidance.

Children's Prayers Reach God's Ears

By Nikki Norton, Teacher, Wonder Club Early Learning Centers

One morning at Wonder Club as we were taking prayer requests, a student said, "Pray for my sister; she drinks too much beer." The request reminded me of my own childhood.

My parents were addicted to heroine, cocaine, and alcohol. Because of their drug use, there was domestic violence in our home. My parents even stole money from me and my four brothers. We became homeless when I was 15 years old, and the seven of us lived in one motel room for over two years. Eventually my father lost his job because of drugs, and my two older brothers began using drugs.

Feeling hopeless, I remember sitting on my bed and wishing that someone or something would change my family.

At age 22, I met a group of Christians who shared the love of Christ with me. After a really bad fight with my mom while she was high, I ran to my room, fell on my knees, and cried, "If You are real, if You are who these Christians say You are, then show me." Later that night I gave my life to Christ.

I changed, but my family did not. I remember coming home from Bible study to find my parents and brothers high. Then, after three years of prayer, my parents, brothers and grandfather gave their lives to the Lord and allowed Him to start restoring all that drugs and alcohol had taken.

Over the years I have come to learn the difference between a wish and a prayer. A wish is like a balloon released in the air; we watch it having no clue where it will land. A prayer has a destination; it goes straight to God's ear.

This revelation is something that we teach our Wonder Club students regularly. I may not know the specifics of the students' home lives or which students are growing up with addictions in their home, but God does. He cares for each of the students at Wonder Club and has a plan for them just like He had a plan for me. As we teach our students how to pray, I know He hears the prayers, aimed directly at His ears, of students struggling with addiction in their homes.



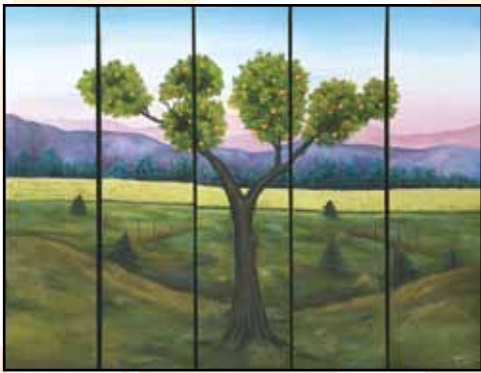
Photo: Teaching students to pray is just one way Wonder Club helps students develop a foundation for a lifelong love of God.

WATER STREET MINISTRIES **events**

Giving Thanks:

Unveiling God's Masterpiece: the Fall Feast of Water Street Ministries

A record-breaking 400 individuals joined us for the Fall Feast, a new event showcasing a view of God's handiwork – changed lives – across all five divisions of Water Street Ministries. As a special surprise, guests enjoyed the unveiling of the painting below created by a former Mission client. Its five panels and five thematic colors represent the five divisions of our organization.



Family Day

"This is so powerful," exclaimed one of the 150+ participants who joined us for fun, hands-on activities and crafts designed to educate families about poverty and homelessness. Plans are already underway for 2011's event. Stay tuned!



Above: Guests helped create a mosaic that will bring beauty to our Prince Street Campus.

Looking Ahead:

Intro to Water Street Ministries Session

A great way to learn more about all five of our ministry divisions. Held at our Prince Street Campus.

For directions and to RSVP contact Pearl:
(717) 358-2040
Volunteer@WaterStreetMinistries.org

Upcoming Sessions:

Wednesday, 2/16/11, 1:00-2:00 p.m.
Wednesday, 3/16/11, 1:00-2:00 p.m.

Tea and Tour at the Lydia Center

This is a great opportunity if you're considering volunteering at the Lydia Center or just want to learn more about this recovery and life-change program for women.

Held the 3rd Wednesday of the month at 1 p.m., including March 16th and April 20th.

For more information RSVP to Donna at:
(717) 252-5986 ext. 115 or
LydiaCenter@WaterStreetMinistries.org.

Lancaster's Premiere Culinary Experience

A Dinner Auction featuring dishes from local restaurants

Bent Creek Country Club
Sunday Night
April 3, 2011



Enjoy hors d'oeuvres and a silent auction at 4:30 p.m. At 6:30 p.m., each dinner course will feature dishes from local restaurants' menus.

More details at:
www.WaterStreetHealthServices.org/Events
RSVP by March 21st

Golf Tournament: Drive Away Hunger

Proceeds benefit the Water Street Mission
Save the Date: Friday, June 17, 2011
More details to come.

Find more info on our Website:

www.WaterStreetMinistries.org/Events

STEWARDSHIP

Volunteering to change lives.

Give It Away to Keep It

By Bill Holder, Volunteer Mentor, Water Street Mission

About two years ago, I had significant back surgery but was not ready to surrender to the idea that my body had given out. At the same time, a Water Street Ministries flyer came through our church mailbox, and the mentoring program at the Mission jumped out at me. I am an alcoholic with 20+ years of sobriety under my belt. The old AA saying is, “give it away to keep it”, so what better opportunity than to share some counsel and hope from my own experiences with destitution, homelessness and depravity? I could do this whether or not my back healed!

Thus started my relationship with my mentee, George. In the 12+ months I've known him, I've seen him blossom from a person hiding in an angry shell to a person with feelings and compassion.

I've seen him blossom from a person hiding in an angry shell to a person with feelings and compassion.

Not too long ago, I attended “Landmarks”, a ceremony celebrating Water Street Mission clients' landmarks on their journeys out of homelessness. The stories were nothing but amazing. As George got up to share, I thought, “Could this man be the same person I met so many months ago?” He is not; he is a new being on both the outside and inside by the grace of God. I look forward to continuing my relationship with George and being a part of what God is doing throughout Water Street Ministries.



Photo: Bill, Right and George taking a walk around the block and catching up.

Volunteer Opportunities:

- **Snow Plowing:** The Lydia Center, Wrightsville: Oversee plowing during the winter months. Opportunity to continue into summer months with mowing if interested.
- **Mentoring Students:** Teen Haven, York: Opportunity to invest in students as you assist with activities and Bible studies.
- **Resume Development Coach:** Water Street Mission, Lancaster: Provide one-on-one support to clients in developing an effective resume

Want to volunteer?
To get started visit
WaterStreetMinistries.org/volunteer
or call 358-2040 or email
Volunteer@WaterStreetMinistries.org

Annual Giving Campaign

\$4,758,000 needed \$4,758,000
actual \$4,228,964

Contributions as of December 31, 2010.

Thank you for your faithful support of Water Street Ministries! While we received more than \$4 million in contributions last year, we came in at \$500,000 short of our goal (see above graphic). Please pray for the Board of Directors and the staff Leadership Team as they pray and consider how to proceed this year. If you'd like to make a special gift to help us serve individuals in poverty, we invite you to use the envelope in this magazine or give online at WaterStreetMinistries.org/Donate.



From the Family

Thank you to everyone who contributed time, talent or financial resources during the holiday season. The stories below offer just a glimpse of the generosity that helps to change hundreds of lives. God really does meet all of our needs!

- Thank you to everyone who helped us collect over **166,000 pounds of food** through the Rescue Mission Food Drive. As a result, the Water Street Mission provided over 2,000 holiday food boxes to families in need, plus hundreds of holiday meals for the homeless.

- A woman and her husband recently relocated to Lancaster County, and the Lord greatly blessed them in their transition. In turn, the couple wanted to be a blessing to others. After hearing about Water Street Ministries through their church, the wife called just before Christmas and made a **donation of \$7,500!**

- Thank you to everyone who donated **Christmas gifts** for Teen Haven, the Water Street Mission, the Lydia Center, and Wonder Club Early Learning Centers. As a result, about 400 children, teens and adults received an extra special blessing this Christmas!

- For hundreds, this holiday season may have been their last to be caught in the addictive habit of smoking; we're thankful for the volunteer who helped Water Street Health Services purchase **smoking cessation medications**.

STEWARDSHIP
Giving to change lives.

The official registration and financial information of Water Street Ministries and Water Street Health Services may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.



Changing one life at a time.

P.O. Box 7267
Lancaster, PA 17604-7267

Lancaster's *Premiere* Culinary EXPERIENCE

**A dinner auction featuring
dishes from local restaurants.**

Proceeds benefit:



A Division of Water Street Ministries

**WATER STREET
HEALTH SERVICES**

Providing health care through
Christian faith & guidance.

We welcome your letters and comments!
Please email Contact@WaterStreetMinistries.org
or write to:
Editor, Messenger Magazine
Water Street Ministries
210 South Prince St.
P.O. Box 7267
Lancaster, PA 17604

PRESIDENT/CEO
Jere Shertzer

EDITOR
Maria Schaszberger

PHOTOGRAPHY AND DESIGN
Carrie King

SAVE THE DATE!
Bent Creek Country Club
Sunday Night
April 3, 2011

See **EVENTS**, page 13!

All proceeds benefit Water Street Health Services, a non-profit organization providing health services for individuals living in homelessness and poverty. In its 18th year, Water Street Health Services impacts over 2,000 patients each year in Lancaster and Lebanon Counties. Water Street Health Services is a division of Water Street Ministries.

ABOUT THE COVER:

This candlelight memorial represented the 52 people who die every day in this country from addiction (alcohol and other drug) related complications. Words from a prayer at the memorial: "Help us to guide people to seek Your help. Thank You for Your work in the lives of the lost. Thank you for the possibility of hope through recovery."*

*www.selectown.com/drug-addiction-statistics.php

See and read more at our website:
www.WaterStreetMinistries.org



facebook.com/WaterStreetMinistries